Birthday & Anniversary Wishes

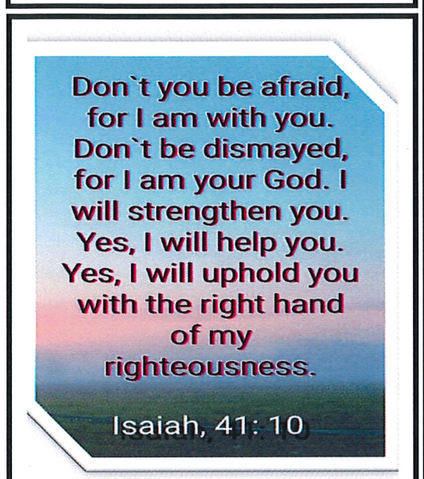
Birthdays

Feb. 21st – Andrea Malo
Feb. 23rd – Alison Cote
Feb. 27th – Dana Marko

Anniversaries

Feb. 24th – Wilf & Jackie Verhaeghe

Best Wishes to all who are celebrating *"Special Events"* in their lives this week – God Bless!



Light of Christ CATHOLIC SCHOOL

Please join the students and teachers from the Light of Christ School for their School Masses at St. Catherine's Church at 10:30 A.M. Thursdays February 25th, March 4th, 11th, 18th, and 25th. During this time there will be no 5:00 P.M. Mass on Thursdays.

Chalice

Jan. 17th = $14.10
Jan. 24th = $9.00
Jan. 31st = $18.40
Feb. 7th = $21.05
Feb. 14th = $28.65

Prayer Request

Jacqui Hayes; Mary Shipka; Aline L'Heureux-Cote; Marguerite Gingras; Randy Biollo; Leonard McFarlane; Alma Savard-Winiandy; Rosella Deguaine; Danita Malo; Aggie Marcak; Melva Chestolowski; Deacon Pat Murphy, Andrew Hill, Tanya Desjarlais, Loretta Choney, Denis Diesel, Marilynn Coli, Hank Huisintveld, Heather Lemaire, Gerard Cloutier, Kevin Schaub, Zea Fisher, Tyler Hayes, Chuck Benson, Francis Benson, Mark Elder, Brian Horseman, Lucien Cloutier, Mark Froehler, Remi Cote, Lydia Napesis, Emma Wilson, Perry Gordon, Deacon Raymond Chan, Harvey Moses, Kennedy Austin, Dave Austin, Wilfred Wanhadi, Connor Mouille, Gordon Gingras, Jacob Axenchuk, Valentine Moquin, Anne Berland, Shaun Reed, Bernie Romaniuk,

Father of goodness and love, hear our prayers for the sick members of our community and for all who are in need. Amid mental and physical suffering may they find consolation in your healing presence. Show your mercy as you close wounds, cure illness, make broken bodies whole and free downcast spirits. May these special people find lasting health and deliverance, and so join us in thanking you for all your gifts. We ask this through the Lord Jesus who healed those who believed. Amen.

+ Let us also pray for all who have died. Eternal Rest Grant Unto Them, O Lord.

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Preparing for next week
Second Sunday of Lent
February 27th & 28th

1st Reading: Genesis 22:1 – 2, 9 – 13, 15 -18; The sacrifice of Abraham, our father in faith.

Responsorial Psalm: I will walk before the Lord, in the land of the living.

2nd Reading: Romans 8:31b – 35, 37++; God did not withhold his own Son.

Gospel: Mark 9: 2 – 10; This is my Son, the Beloved; listen to him.

Your deeds may be the only sermon some people hear today.
~ St. Francis of Assisi

Thank You!

Weekend Collections
Jan. 16th & 17th = $1,522.60
Jan 23rd & 24th = $715.00
Jan. 30th & 31st = $2,262.00
Feb. 6th & 7th = $1,215.00
Feb.13th & 14th = $1,790.00

ST. CATHERINE'S PARISH

10303 Churchill Dr.
Box 930
Lac La Biche, AB
T0A 2C0
Phone: (780) 623- 4371

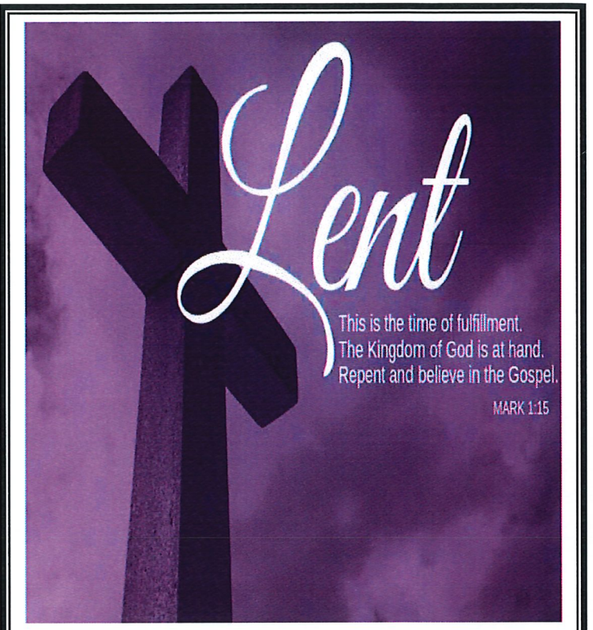
Email: st.cath01@telus.net
Web Page: http://www.stcatherineparishllb.com/

Parish Priest: Fr. Aureus Manjares

Permanent Deacons: Pat Murphy
Gordon Taylor

Office Hours: Monday 9 a.m. – 4:30 p.m.
Thursday 9 a.m. – 1:45 p.m.

Office Contact: Celine Berlinguette



First Sunday of Lent

February 20th & 21st, 2021

Mass Intentions

					Intention for:	*Requested By:*
Sat.	Feb. 20th	@5:00 p.m.	St. Catherine's	(SI)	Healing - Dcn Pat	Sue Shewchuk
Sun.	Feb. 21st	@ 9:00 a.m.	St. Catherine's		For the People	
Sun.	Feb. 21st	@11:00 a.m.	St. Catherine's	(SI)	Healing – Dcn Pat	Dcn Gordon/Pat Taylor
Sun.	Feb. 21st	@ 12:30 p.m.	Kikino	(SI)	Kikino Community	Theresa White & family
Mon.	Feb. 22nd	@ 5:00 p.m.	St. Catherine's		NO MASS	
Tue.	Feb. 23rd	@ 10:15 a.m.	Continuing Care		NO MASS	
Tue.	Feb. 23rd	@ 5:00 p.m.	St. Catherine's	(RIP)	Anthony Mondal & Mary Gomes	Renu Mondal
Wed.	Feb. 24th	@ 9:00 a.m.	Lacalta Lodge			
Wed.	Feb. 24th	@ 5:00 p.m.	St. Catherine's	(SI)	Holy Spirit Guidance For Grandchildren	Dcn Gordon/Pat Taylor
Thurs.	Feb. 25th	@ 10:30 p.m.	St. Catherine's	(SI)	Mary Dunn	Robert Dunn
Fri.	Feb. 26th	@ 10:00 a.m.	Points West		NO MASS	
Sat.	Feb. 27th	@5:00 p.m.	St. Catherine's	(SI)	Healing - Dcn Pat	Sue Shewchuk
Sun.	Feb. 28th	@ 9:00 a.m.	St. Catherine's		For the People	
Sun.	Feb. 28th	@11:00 a.m.	St. Catherine's	(SI)	Healing - Dcn Pat	Dcn Gordon/Pat Taylor
Sun.	Feb. 28th	@ 12:30 p.m.	Kikino	(SI)	Kikino Community	Theresa White & family

Please Note: Registrations are required for the Weekend Masses.

Psalm 25: Your paths Lord, are love and faithfulness for those who keep your covenant.

DATE	WEEKLY CHURCH CLEANING GROUPS
Feb. 21st – 27th	Light of Christ Catholic School -II
Feb. 28th – Mar. 6th	Dcn Gordon/Pat Taylor & Delores Clarke
Mar. 7th – 13th	Doris Burdek, Millie Gauthier, Ramona Slade & Family
Mar. 14th – 20th	Joe/Diane Hamelin & Darrell/Tracy Shymoniak
Mar. 21st – 27th	Light of Christ Catholic School -I
Mar. 28th – Apr. 3rd	Luc/Kim Nowicki & Lyle/Stacey Nowicki & families
April 4th – 10th	Normand/Deanna Durocher/Michelle Tardif/Nicole Yackimec
Apr. 11th – 17th	Jim/Elaine Courtoreille & Ray/Claudette Dube
Apr. 18th – 24th	Light of Christ Catholic School -II

DATE	Collection Counters
Feb. 22nd	Doris Burdek
Mar. 1st	Claudette Dube
Mar. 8th	Darlene Tardif
Mar. 15th	Dcn Gordon & Pat Taylor
Mar. 22nd	Margo Caron
Mar. 29th	Sharon Hutchinson
April 5th	Millie Gauthier
April 12th	Annette Plamondon
Apr. 19th	Doris Burdek

10 Tips for Making the Lenten Season More Meaningful:

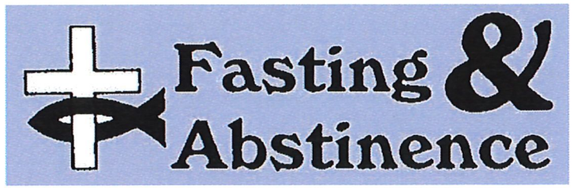
- **Slow Down – Set aside 10 minutes a day for silent prayer or meditation. It will revitalize your body and your spirit.**
- **Read a good book – You could choose the life of a saint, a spiritual how-to, an inspirational book or one of the pope's new books.**
- **Be kind – Go out of your way to do something nice for someone else every day.**
- **Get involved – Attend a Lenten lecture or spiritual program.**
- **Volunteer at your parish – Whether it's the parish fish fry, cleaning the church or helping with the food drive, it will give you a chance to help others.**
- **Reach out – Invite an inactive Catholic to come with you to receive ashes on Ash Wednesday, or come to Stations of the Cross, Confession or Mass with you anytime during Lent.**
- **Pray – Especially for people you don't like and for people who don't like you.**
- **Tune out – Turn off the television and spend quality time talking with family members or friends.**
- **Clean out closets – Donate gently used items to the St. Vincent de Paul Society or other charitable organization.**
- **Donate – Pick a Catholic mission and decide how you can help by sending money, clothing or supplies.**

To be in accordance to the rulings set out by Alberta Health in attempts to control COVID -19, we are required:

- **To not exceed our maximum of 38 people per Mass**
- **Keep a record of attendees names and phone #**
- **Register if you are not on the list (if you attend on a weekly basis, you will be on the list)**
- **If your name is on the list and you cannot attend, please phone so that your spot can be used by someone else. Thank you!**

We received notification this past week that we can proceed with the Stations of the Cross on Friday evenings at 7:00 P.M. COVID rules and regulations have to be followed:

- **Self-registration at the door**
- **Maximum of 38 people**
- **Social distancing / masks**
- **No congressional singing**
- **The leader to lead from the ambo with no procession from station to station**



Why do we make Penance?

"Unless you do penance, you shall likewise perish." (Lk. 13:5)

Because we are sinners, justice requires each of us to make recompense to God for the honor we have denied Him by our sins. Because we have misused our goods, our souls and bodies—as well as those of others—the natural law requires us to strive to restore the order we have disturbed by our sins. Thus, the Natural Law and the Divine Law bind us in a general way to perform acts of penance. In order to help us fulfill this requirement, Holy Mother Church, knowing our weakness and laziness, binds us under ecclesiastical laws to perform works of penance at certain times.

Penance is also useful to obtain better control over our wounded nature. One may refrain himself from a legitimate satisfaction (food, sleep, entertainment, etc.) in order to oblige the body, the passions to obey the direction of the soul. Doing penance, making sacrifices are part of a needed ascetical practice to reform of our inner disorder, heritage of the original sin. Practiced with the grace of God and prudence (conferring with one's confessor), it becomes a great means of salvation.

Penance can also be a prayer, a sacrifice of a legitimate good, given to God as a way to recognize His power, to beg for a grace or to manifest one's love by imitating and being united to Our Lord's Passion.

Fast and Abstinence required by the Church

Throughout the centuries, the Church has changed the ecclesiastical law regulating the penance, sometimes becoming more strict, sometimes relaxing the discipline of penance.

Only the Church can hold us guilty of mortal sin for failing in this or that specific act of penance.

"Rules for penitential days under present Church law" details the bare minimum of penance which we must accomplish under pain of mortal sin.
However we certainly offend God by neglecting penance completely over a length of time. Also, one will easily fall into mortal sin who confines the entire penance for the year to those days and acts required by the current law.

"Guidelines for traditional penitential practices" spells out the strongly recommended practices which were observed until just after the Second Vatican Council.

……continued in next weeks' bulletin……

Prayer against Coronavirus

Almighty and merciful Father,
We thank you for the life that is your gift,
For the providence, that sustains us,
And for your wisdom that directs the course of our days.
Forgive our sins against your love, against each other and against your creation.
The threat of an infection of corona-virus is upon us today.
This disease causes fear among us and has claimed some lives.
We humbly beg you, loving Father to deliver us from this and other diseases.
Heal those who are afflicted and stop the spread of the virus.
Strengthen us in charity to care for each other.
We ask this through our Lord Jesus Christ your Son, who lives and reigns with You and the Holy Spirit, One God forever and ever. Amen

What almsgiving really means:

Giving alms has always been an important part of Lent. For many people, it means giving money to Catholic charities or some other good cause. But the concept of almsgiving goes much deeper. It is our response to the teachings of Jesus that encourage us to reach out to people in need—not just with our money—but with our time and our talents. Today we might call it 'stewardship'.
Lent gives us the opportunity to cultivate a spirit of generosity. It gives us a chance to share what we have and who we are with other people. It puts us in communion with others and helps us understand that we are all members of the Body of Christ. Think carefully about how you will share your time, your talents and your treasure during Lent. Keep in mind the words of the Lord Jesus who himself said, "It is more blessed to give than to receive" (Acts 20:35).

Special Collection

Camp St. Louis

February 28th/21

"No one has ever become poor by giving".
~ Anne Frank

This collection assists those who cannot afford the registration fees to attend the camp; assists in the day to day operations of the camp, as well as being used for capital improvements to the camp.

Camp St. Louis is nestled on the sandy beaches of beautiful Moose Lake. Camp St. Louis offers a summer experience rich in fun, friendship, faith. Campers range in age from seven to fourteen. Our focus is on ensuring each child has an opportunity to encounter Jesus